Introduction to Modern Confocal Microscopy and its Applications (Lecture in English)

朝比奈 欣治・山元 武文・森 康博・寺戸 勅雄(実験実習支援センター) 協力:オックスフォード・インストゥルメンツ株式会社アンドール・テクノロジー事業部 Kinji Asahina, Takefumi Yamamoto, Yasuhiro Mori, Tokio Terado (Central Research Laboratory) Collaborator: Andor Technology, Oxford Instruments

One of the drivers of novel research breakthroughs in modern Life Sciences is the use of microscopy. Therefore, it is not surprising that researchers use a wide range of microscopy techniques to understand fundamental concepts in Life Sciences and biomedical research. In fact, novel technologies and experimental methodologies are essential to push the boundaries of research.

In this talk, I will explain the principles of fluorescence microscopy and the differences between widefield and confocal microscopy. In addition, an overview of the differences between multipoint confocal imaging systems (also known as spinning disks) and point scanner confocal imaging systems (also known as laser scanning confocal microscopes) will also be given. Finally, I will introduce Dragonfly, Andor's High-end multipoint confocal. Dragonfly.

Dragonfly Multimodal Confocal was designed to integrate biological imaging from single cells to a tissue or organism context. Key to this is exceptionally high background rejection in thick samples, a very low noise floor to retain detection of low signal fluorescence as well as highintensity labelling, and live volume rendering for instant sample exploration.

Researchers using the Dragonfly confocal platform publish outstanding science in high-profile journals. In this webinar, I will show examples of published data acquired with the Dragonfly multimodal system. In addition, I will present data from different research areas in biomedical science and show different applications/techniques of up-to-date microscopy.

現代のライフサイエンスにおいて、顕微鏡は新しい研究のブレークスルーをもたらす原動力 のひとつとなっています。研究者が生命科学や生物医学研究の基本的な概念を理解するために、 さまざまな顕微鏡技術を使用しており、研究の限界を押し広げるためには、新規の技術や実験方 法論が不可欠です。

本講義では、蛍光顕微鏡の原理と蛍光顕微鏡と共焦点顕微鏡の違いについて説明します。さら に、マルチポイント共焦点イメージングシステム(スピニングディスク共焦点)とポイントスキ ャン共焦点イメージングシステム(レーザー走査型共焦点)の違いについても説明します。最後 に、Andor のハイエンドマルチポイント共焦点である Dragonfly を紹介します。

Dragonfly マルチモーダル共焦点は、単一細胞から組織や個体の状況まで、生物学的なイメー ジングのために設計されました。その鍵となるのは、厚いサンプルにおける非常に高いバックグ ラウンド除去、高輝度シグナルと同様に低シグナル蛍光を検出するための非常に低いノイズ、サ ンプルを瞬時に探索するためのライブボリュームレンダリングです。

Dragonfly の共焦点プラットフォームを使用する研究者は著名なジャーナルに優れた科学を 発表しています。本講義では、Dragonfly マルチモーダルシステムで取得された公開データの例 を紹介します。また、バイオメディカルサイエンスの様々な研究分野のデータを紹介し、最新の 顕微鏡の様々なアプリケーション技術を紹介する予定です。































, - · · · · · · · · · · · · · · · · · ·	
Caused by increased exposure of fluorochromes to light	Avoiding photobleaching:
Intensified energy exposure leads to formation of radicals, which will cause modifications in the covalent bounds of the fluorochrome.	Use the most photostable dye possible.
The result is transition from singlet state to the triplet state.	Reduce the O2 in the sample
Photobleaching is irreversible	use of anti-fading reagents in the embedding media
	Reduce exposure time

3. Caveats in Fluorescence microscopy ive cell phototoxicity	3. Caveats in Fluorescence microscopy Live cell phototoxicity
The Light sources used in are highly energetic and can also transmit UV light.	Solutions: Reduce effect with additional UV filters, exposure times and balanced redox environment (when using metal halide light sources)
Filters and dichroic mirrors are not totally efficient in blocking those wavelengths	Use laser widefield illumination. This will selectively illuminate the sample only with the chosen laser lines
	Use longer wavelengths for imaging in live cells
	If possible use NIR wavelengths (avoid UV)
This causes: Damage in cell wall lipids and proteins leading to rapid cell death	Choose an imaging system compatible with live imaging experiments, such as a dual micro lens spinning disk system.
Xelord Instruments 2020	© Cvidord Instruments 2020

	Selecting the best match to your sample and experiment
	Fixed image Large multi tile image
Which Microscope should you choose?	Thin <30 um Widefield Spinning disk
	Thick > 30 umSpinning disk Point scannerSpinning disk Point scanner
	Spectral unmixing - Point scanner
	Low light imaging – Spinning disk
	© Oxford Instrumenti 2020

